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SOCRATES

- Site
- Onset
- Character
- Radiation
- Associations
- time Course
- Exacerbating/Relieving factors
- Severity

CREST Syndrome

- Calcinosis
- Raynauds
- Esophageal dysmotility
- Sclerodactyly
- Telangectasia

Becks Triad

- Cardiac tamponade 3D's:
 - ▶ Distant heart sounds
 - ▶ Distended jugular veins
 - ▶ Decreased arterial pressure

Hypersensitivity Reactions

- ACID:
 - ▶ Type 1 = A anaphylaxis
 - ▶ Type 2 = C ytotoxic mediated
 - ▶ Type 3 = I mine complex
 - ▶ Type 4 = D played hypersensitivity

Arterial Occlusion or Compartment Syndrome

- Ps:
 - ▶ Pain
 - ▶ Pallor
 - ▶ Pulselessness
 - ▶ Parasthesia
 - ▶ Perishingly cold

Apex Beat

- abnormalities = HILT:
 - ▶ H eaving
 - ▶ I mpalpable
 - ▶ L aterally displacing
 - ▶ T hrusting/Tapping
- Causes of impalpable apex beat = COPD:
 - ▶ COPD
 - ▶ Obesity

- ▶ Pleural Effusion/pericardial effusion
- ▶ Dextrocardia

Cerebellar Dysfunction

- DANISH:

- ▶ Dysdiadokokinesia
- ▶ Ataxia
- ▶ Nystagmus
- ▶ Intention tremor
- ▶ Scanning dysarthria
- ▶ Heel shin test +ve

Regional Anaesthesia Blocks

C onsent
A ssistant
L ines
M onitoring
S edation
O xygen
B lock trolley
E mergency drugs for
R esus

P robe
L ocal
A dditives
N erve
S timulator

A rrange
C lean
T ime out
I maging
O ptimise image
N ote relevant structures
S urrender target with local

Liver Functions

- M etabolic
- E ndocrine
- D etox/metab drugs
- I mmune
- C oag
- A cid/base
- B ile formation
- R eservoir for blood
- U rea formation
- S torage function
- H aematopoiesis

Quality

- Definition of Quality = degree to which health services ↑ likelihood of desired health outcome & consistent with current knowledge
 - ▶ Desired health outcome defined by avoided 5Ds:
 - Death
 - Disease
 - Discomfort
 - Disability
 - Dissatisfaction
 - ▶ Quality Mneumonic = STEEEP:
 - Safe
 - Timely
 - Effective
 - Equitable
 - Efficient
 - Patient Centred

Airway Mnemonics

- Risk of diff BMV = rarely mnemonics offer much benefit:
 - ▶ R adiotherapy
 - ▶ M ale
 - ▶ O SA
 - ▶ M allampati III, IV
 - ▶ B eard
- Risk of diff SGA placement:
 - ▶ R restricted mouth opening
 - ▶ O abstracted airway
 - ▶ D disrupted airway
 - ▶ S tiff lungs
- Risk of diff surgical airway:
 - ▶ S urgery/disrupted airway
 - ▶ H aematoma/infection
 - ▶ O bese/access problem
 - ▶ R adiation
 - ▶ T umour