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SOCRATES
- Site
- Onset
- Character
- Radiation
- Associations
- time Course
- Exacerbating/Relieving factors
- Severity

CREST Syndrome
- Calcinosis
- Raynauds
- Esophageal dysmotility
- Sclerodactyly
- Telangectasia

Becks Triad
- Cardiac tamponade 3D's:
  › Distant heart sounds
  › Distended jugular veins
  › Decreased arterial pressure

Hypersensitivity Reactions
- ACID:
  › Type 1 = A anaphylaxis
  › Type 2 = C ytotoxic mediated
  › Type 3 = I mine complex
  › Type 4 = D played hypersensitivity

Arterial Occlusion or Compartment Syndrome
- Ps:
  › Pain
  › Pallor
  › Pulselessness
  › Parasthesia
  › Perishingly cold

Apex Beat
- abnormalities = HILT:
  › H eaving
  › I mpalpable
  › L laterally displacing
  › T hrusting/Tapping

- Causes of impalpable apex beat = COPD:
  › COPD
  › Obesity
Cerebellar Dysfunction

- DANISH:
  - Dysdiadokokinesia
  - Ataxia
  - Nystagmus
  - Intention tremor
  - Scanning dysarthria
  - Heel shin test +ve

Regional Anaesthesia Blocks

Consent
Assistant
Lines
Monitoring
Sedation
Oxygen
Block trolley
Emergency drugs for
Resus

Probe
Local
Additives
Nerve
Stimulator

Arrange
Clean
Time out
Imaging
Optimise image
Note relevant structures
Surround target with local

Liver Functions

- Metabolic
- Endocrine
- Detox/metab drugs
- Immune
- Coag
- Acid/base
- Bile formation
- Reservoir for blood
- Urea formation
- Storage function
- Haematopoiesis
Quality

- Definition of Quality = degree to which health services ↑ likelihood of desired health outcome & consistent with current knowledge
  - Desired health outcome defined by avoided 5Ds:
    - Death
    - Disease
    - Discomfort
    - Disability
    - Dissatisfaction
  - Quality Mnemonic = STEEEP:
    - Safe
    - Timely
    - Effective
    - Equitable
    - Efficient
    - Patient Centred

Airway Mnemonics

- Risk of diff BMV = rarely mnemonics offer much benefit:
  - Radiotherapy
  - Male
  - Ob SA
  - Mallampati III, IV
  - Beard
- Risk of diff SGA placement:
  - R restricted mouth opening
  - O abstracted airway
  - D disrupted airway
  - S tiff lungs
- Risk of diff surgical airway:
  - Surgery/disrupted airway
  - Haematoma/infection
  - Obese/access problem
  - Radiation
  - T umour